



FOR THE TABLE

OLIVES - Marinated Olives	£3.00
WAFER CHIPS & HUMUS (v)	£3.95
GARLIC BREAD Stone baked	£3.95
With mozzarella cheese (v)	£4.95

ANTIPASTI

BRUSCHETTA POMODORO (v)	£5.50
Tomato, basil, & garlic	

FALEFAL (v)	£5.80
humus & Arabic bread	

CALAMARI (s)	£5.90
Deep fried squid & alioli.	

MEDI KAFTA	£6.95
Beef & lamb, onion & parsley kaftas.	
Served with tabule, humus & bread.	

GAMBAS (GF possible)	£6.95
King prawns, garlic, chilli Tomato,	
white wine, onions, herbs	

SHARING BOARD

BRUSCHETTA SPARTIRE	£17.50
Chefs mixed toppings (v)	

ANTIPASTO SAPORI	£18.95
Mixed meats & cheese, olives,	
mixed bread	

MEZZE MEZZE	£24.00
Gambas, kafta, tabulè, humus,	
Falefal, calamari, olives & Arabic bread	

PASTA *(Gluten free pasta available)*

LINGUINE AI GAMBERI (S)	£13.90
King prawn, tomato, garlic, onion	
Chilli, Topped with rocket.	

LINGUINE POLPETTE	£10.50
Pork & beef meatballs in tomato	

LASAGNE	£12.00
Slow cooked beef & chianti ragu,	
bécciamella, mozzarella.	

CARBONARA & FUNGHI	£11.50
Pancetta, mushroom, Garlic, onion,	
Parmesan, cream & egg yolk sauce.	

RIGATONI CHICKEN CHIPOTLE	£12.00
Chorizo, chicken, onion, peas,	
cherry tomato & chipotle sauce.	

RIGATONI BLANCO/VERDI (N,V)	£10.50
Onion, Feta, peas, cherry tomato, chilli,	
pinenuts.	

CANNELLONI (V)	£11.95
Ricotta & spinach in tomato sauce.	

MEDITERRANEAN

SPIEDINI CHICKEN SCREWER (GF)	£13.50
Marinated Chicken, Peppers, Onion	
Served with humus & salad.	

POLLO RELLENO (GF possible)	£13.90
Chicken cream sauce, pancetta, peppers	
Parsley & garlic. Served with Arabic rice	

ZAPPATTO (GF possible)	£12.95
Roasted Aubergine, Lamb, potato,	
spices, herbs topped with cheese.	
Served with Arabic rice.	

RISOTTO SALMON	£13.50
Salmon, peas & cream	

VEGGIE TAGINE	£13.50
Mixed seasonal vegetables, dried fruits.	
Served with couscous & Arabic bread	

SEABASS A LA PLANCHA	£14.90
Served with pesto cream sauce	
Salad & Arabic rice	

PORK, CHORIZO & GNOCCHI	£13.50
Slow roasted Pork, chorizo, mixed bean,	
Peppers, spinach & gnocchi stew.	
Served with salad & bread	

PIZZA - BUILD YOUR OWN

LA MIA PIZZA (Margarita)	£8.00
Thin base with tomato & mozzarella	

Then add your topping:

Mushroom, peppers, pancetta,	
Olives, onions each	£1.50
Chorizo, king Prawns, Pepperoni,	
Parma ham, Chicken, Gorgonzola	each £2.00

OUR FAVOURITE PIZZA

BOSCAIOLA	£12.90
Pancetta, chorizo, chicken,	
Mushrooms & olives.	

SKINNY PRIMAVERA (V, N)	£12.00
Feta, peas, red onion & roast pine nuts	
Topped with rocket.	

CASA POMODORO	£13.50
Stuffed crust, ricotta, tomato,	
Mozzarella, rocket, Parma ham.	

CONTORNI/ SIDES

FUNKY CHIPS	£2.50
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Choose flavor: Garlic &	
Cilantro, chili & sea salt,	
Parmesan & truffle oil	

SIDE SALAD	£3.00
Seasonal mixed salad	